



The Black Pear Trust

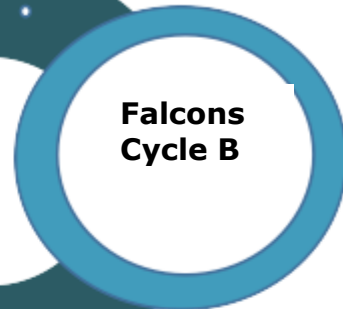
PHSE Road Map B



Transition
Moving to high school
Personal identity and body image

Citizenship
Human rights

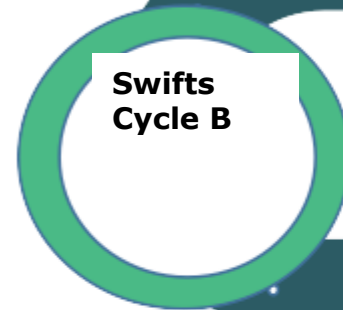
Health and Wellbeing
hygiene



Economic Wellbeing
Attitudes to money

Safety and the Changing body
Online safety
Puberty

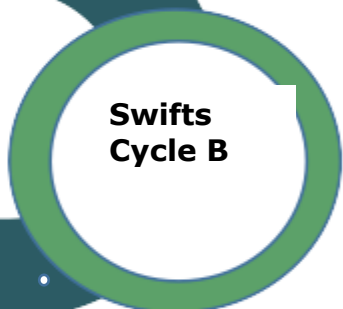
Family and Relationships
Resolving conflict



Transition-appropriate to cohort

Citizenship
Human rights

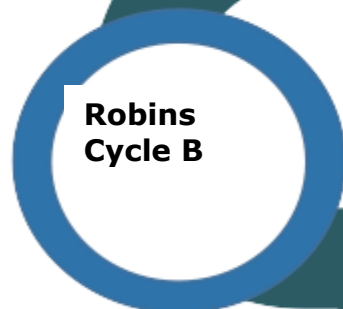
Health and Wellbeing
Emotional maturity



Economic Wellbeing
Choices in spending

Safety and the Changing body
Online safety

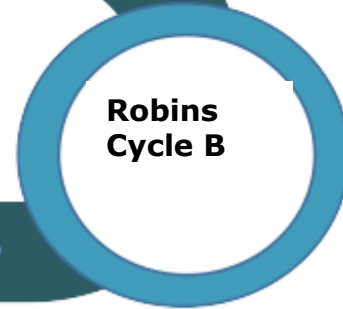
Family and Relationships
Curtesy, physical boundaries



Transition-appropriate to cohort

Citizenship
Rules outside the classroom

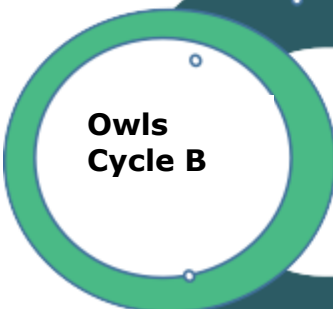
Health and Wellbeing
- benefits of exercise



Economic Wellbeing - money and banking

Safety and the Changing body
Safety of different types

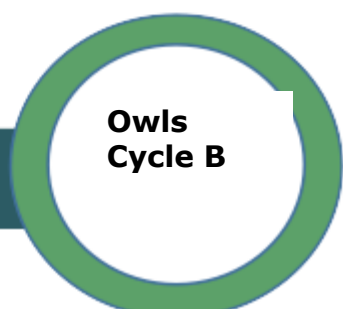
Family and Relationships - different families



Managing self: My wellbeing

Self-regulation: Listening and following instructions

Building relationships: Special relationships



Building relationships: My family and friends

Managing self: Taking on challenges

Self-regulation: My feelings